

NFBC NEWSLETTER

Dates to Remember

- **Membership Renewal:**

January 1, 2018

- **General Meeting**

Date TBD

- **Club Trip**
August 17 - 21

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Octoberfest at the Karnath's



Happy New Year

The Start of a New Year for the NFBC. This issue contains the Awards and Statistics from 2017 and news about the coming year's activities. Welcome to 2018 and another season of bicycling in WNY.

Also see a reminder that your NFBC Membership expired at the end of 2017. A refresher on how to use PayPal to renew and ensure that the renewal was processed is inside.

MEMBERSHIP CHANGE

Beginning this year, NFBC annual membership runs from January 1 to December 31. So, it's time to join or to renew your membership! Click on the "membership" tab on the www.nfbc.com website. You can pay the dues through PayPal or by check.

If you pay through PayPal, be sure you get a receipt AND an acknowledgement from NFBC. NFBC acknowledgement may take up to 30 days and will include your membership card and number. This will be in an email from Michele Smith. Check your email junk or spam folder. If, after 30 days, you do not receive acknowledgement from NFBC, please contact membership chair, Michele Smith: msmith1124@hotmail.com

YAHOO GROUP

After you become a member, you will receive an invitation to the NFBC Yahoo Group. Through this Group, you will receive email notifications about Club rides and functions. Please watch for the invitation; you must accept to become part of the Yahoo Group. If you are a renewing member and are not part of the group and wish to join, email Michele Smith and she will send you an invitation.

PAPERLESS NEWSLETTER

Beginning with this newsletter, all newsletters will be paperless and found on the NFBC website only.

REMINDERS

If you ride with the Club, you **MUST** sign in for the ride, even if you do not want your miles counted. It is important that the Club has a record of the participants in all official rides.

Newsletter notices and articles: If there is something you would like to write about (or rough draft about!), or something you would like to read about, please let the newsletter editors know! Contact Joan Charleson, jtchipin@yahoo.com or Mike Maher, mikmar10@gmail.com.



| | |
|---------------------------|---------------|
| President's Award | Paul Rossi |
| Ride Leader of the Year | David Dunkle |
| Volunteer of the Year | Bob Alessi |
| Outstanding Service Award | Dennis Powell |

HIGH MILEAGE ACHIEVEMENT

| | | |
|----------------------------|---------------------|-------------|
| High Overall Mileage | Jack Rimlinger | 4,160 Miles |
| First Male High Mileage | Fred Marcheson | 3692 Miles |
| First Female High Mileage | Katherine Cammarano | 3338 Miles |
| Second Male High Mileage | Robert Nowinski | 3134 Miles |
| Second Female High Mileage | Karen Sprada | 2871 Miles |
| Third Male High Mileage | Paul Rossi | 2957 Miles |
| Third Female High Mileage | Eva Horvath | 2677 Miles |

MILE CLUB

- 50,000 Mile Club: Diane Currie
- 40,000 Mile Club: Lin Michalczak, David Gonzalez
- 35,000 Mile Club: Richard Lepie, Susan Alessi
- 30,000 Mile Club: Gary Schlau, Matthew Luly, John Kozinski
- 25,000 Mile Club: Jack Rimlinger, Fred Marcheson, Loren Danaher, Jim Karnath, Cynthia Adams, Tris Orzech
- 20,000 Mile Club: Dennis Powell, Carl Mach
- 15,000 Mile Club: Sandy Bunn, Darrell Skelton, Fred Talmud, Tim Cleary, Karen Ostrum
- 10,000 Mile Club: John Tjahjadi, Joseph Powers, Deanna Talmud, Sean McGovern, Brigitte Soltiz,

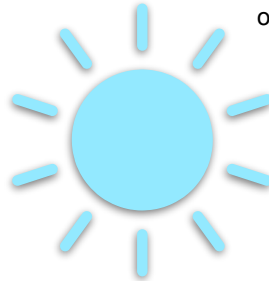
NFBC Spotlight Rides

Many years ago, the membership of the NFBC favored rides which were more like touring rides than the kind of rides we tend to do today. The late Alex Setlick created many rides which started in remote locations, featured lots of rest stops, re-groups, points of interest and lunch suggestions. These rides were meant to be leisurely and group-focused. Some of the rides he created take place in beautiful and historic locations, and many of them have not been on the NFBC ride schedule for more than 15 years.

With that in mind, NFBC Board and Ride Committee has authorized creation of a new feature of the 2018 riding schedule, to be known as Spotlight Rides.

Spotlight Rides will be:

- scheduled once per month, on a Wednesday morning, and will be offered in addition to the usual Wednesday morning ride;
- rides which, generally speaking, start in a remote location (example: Leroy, NY, Niagara Falls, ONT, Medina NY, Rochester, NY);
- rides which are already in our database of rides, but have not been scheduled for many years
- rides which highlight the beauty and history of Western New York and southern Ontario;
- rides which may include stops at points of interest;
- between 30 and 40 miles, and elevation no more than 1100 ft, usually much less;
- designed to be touring rides, that is, at a casual pace of 12-15 mph;
- include an opportunity for the participants to lunch together as a group;
- led by either Liz Skelton or Rebecca Ribis until _____ and if other members express an interest in leading a Spotlight ride;
- look for details on these new ride _____ opportunities on the NFBC website SCHEDULE tab.



The proposed schedule of 2018 Spotlight

Rides is as follows:

MAY 16, 2018 (RR): BUFFALO
No map / cue sheet, miles
Starts Downtown Buffalo

WATERFRONT
to be determined

JUNE 20, 2018 (LS): OATKA CREEK
Map #726 is 40 miles; a shorter ride will _____ be available
Starts in Leroy, NY

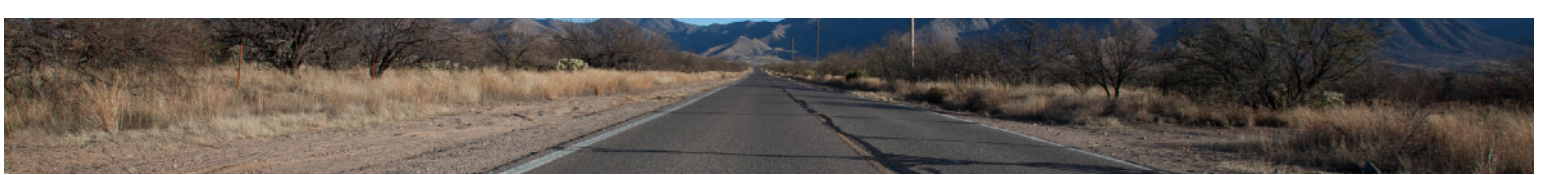
JULY 18, 2018 (RR): NOTL PASTRY RIDE
Map # 428 is 30 miles
Starts in Canada at Brock Monument

AUGUST 22, 2018(LS): EAST AURORA TOY TOWN TOUR
Map # 709 Miles
Starts in East Aurora

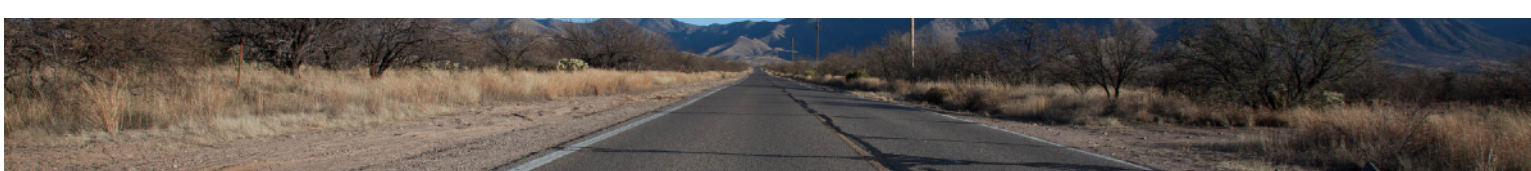
SEPTEMBER 19, 2018 (RR): HOLLY, NY
Hurd Orchards Lunch
Map and miles to be determined

OCTOBER 17, 2018 (LS): FALLS AND LOCKS TOUR
Map #721 is 45 miles, mostly on bike paths
Starts at the Schoellkopf Parking Lot, Niagara Falls, NY

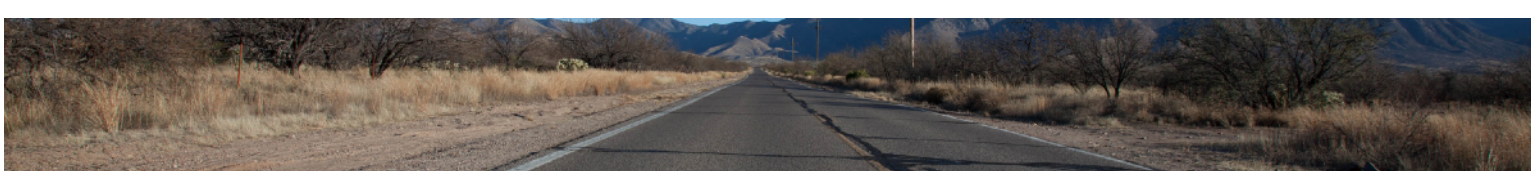
--Rebecca Ribis, Liz Skelton, NFBC Ride Committee



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|---------------------|------|---|-------|---------|-------|---------|-------|-----------|
| 2582 | 139 | 4160 | Jack Rimlinger | R | 1st Overall 25,000 Club 4,000 Certificate | 4160 | 1 | | :: | 25893 | 40 |
| 1434 | 123 | 3692 | Fred Marcheson | R | 1st Male 25,000 Club 3,000 Certificate | 3692 | 2 | | :: | 28104 | 36 |
| 3105 | 124 | 3338 | Katherine Cammarano | R | 1st Female 5,000 Club 3,000 Certificate | 3338 | 3 | | :: | 5559 | 147 |
| 1513 | 106 | 3134 | Robert Nowinski | R | 2nd Male 3,000 Certificate | 3134 | 4 | | :: | 29180 | 34 |
| 2667 | 101 | 2957 | Paul Rossi | R | 3rd Male President's Award 2,000 Certificate | 2957 | 5 | | :: | 8363 | 117 |
| 130 | 88 | 2875 | John King | R | 2,000 Certificate | 2875 | 6 | | :: | 24248 | 46 |
| 432 | 111 | 2871 | Karen Sprada | R | 2nd Female 2,000 Certificate | 2871 | 7 | | :: | 64506 | 3 |
| 3098 | 97 | 2813 | William Conrad Jr. | R | 2,000 Certificate | 2813 | 8 | | :: | 4676 | 160 |
| 2775 | 103 | 2677 | Eva Horvath | R | 3rd Female 2,000 Certificate | 2677 | 9 | | :: | 8372 | 116 |
| 2487 | 105 | 2660 | Robert Lubelski | R | Most Rides 2,000 Certificate | 2660 | 10 | | :: | 19533 | 63 |
| 2515 | 83 | 2525 | Bradshaw Hovey | R | 20,000 Club 2,000 Certificate | 2525 | 11 | | :: | 20373 | 59 |
| 2503 | 78 | 2502 | Sandy Bunn | R | 15,000 Club 2,000 Certificate | 2502 | 12 | | :: | 15417 | 77 |
| 123 | 97 | 2426 | Bob Alessi | R | Volunteer Of The Year Award 2,000 Certificate | 2426 | 13 | | :: | 64220 | 4 |
| 2878 | 92 | 2404 | Jennifer Adolf | R | 5,000 Club 2,000 Certificate | 2404 | 14 | | :: | 5819 | 143 |
| 165 | 101 | 2369 | Brad Chase | R | 2,000 Certificate | 2369 | 15 | | :: | 77378 | 1 |
| 2867 | 82 | 2362 | Michael Richards | R | 2,000 Certificate | 2362 | 16 | | :: | 4984 | 154 |
| 651 | 75 | 2328 | John Tjahjadi | R | 10,000 Club 2,000 Certificate | 2328 | 17 | | :: | 10212 | 102 |
| 71 | 95 | 2205 | Bob Silkes | R | 2,000 Certificate | 2205 | 18 | | :: | 59956 | 5 |
| 3133 | 75 | 2186 | Robert Matson | R | 2,000 Certificate | 2186 | 19 | | :: | 3208 | 176 |
| 2147 | 72 | 2169 | Michael Maher | R | 2,000 Certificate | 2169 | 20 | | :: | 17223 | 70 |
| 2855 | 73 | 2157 | Fred Kobler | R | 2,000 Certificate | 2157 | 21 | | :: | 9067 | 111 |
| 2542 | 72 | 2146 | Charles Grammer | R | 2,000 Certificate | 2146 | 22 | | :: | 13405 | 84 |
| 1255 | 78 | 2104 | Gordon Deitrick | R | 2,000 Certificate | 2104 | 23 | | :: | 27260 | 38 |
| 571 | 60 | 2031 | Ron Spohn | R | 5,000 Club 2,000 Certificate | 2031 | 24 | | :: | 6863 | 135 |
| 257 | 77 | 2025 | Ian Currie | R | 2,000 Certificate | 2025 | 25 | | :: | 48620 | 11 |
| 1079 | 74 | 2014 | Fred Talmud | R | 15,000 Club 2,000 Certificate | 2014 | 26 | | :: | 15686 | 76 |
| 2731 | 63 | 2012 | Richard Amantia | R | 2,000 Certificate | 2012 | 27 | | :: | 7352 | 130 |
| 378 | 86 | 1999 | Rebecca Ribis | R | I Only Missed 2,000 by One Mile 1,000 Certificate | 1999 | 28 | | :: | 42122 | 13 |
| 957 | 58 | 1957 | Patrick Danaher | R | 1,000 Certificate | 1957 | 29 | | :: | 53641 | 8 |
| 110 | 69 | 1936 | John Kozinski | R | 30,000 Club 1,000 Certificate | 1936 | 30 | | :: | 30375 | 30 |
| 2718 | 67 | 1898 | Joseph Powers | R | 10,000 Club 1,000 Certificate | 1898 | 31 | | :: | 10447 | 101 |
| 2364 | 59 | 1877 | Loren Danaher | R | 25,000 Club 1,000 Certificate | 1877 | 32 | | :: | 25718 | 42 |
| 2391 | 61 | 1851 | Richard Tesmer | R | 1,000 Certificate | 1851 | 33 | | :: | 14283 | 81 |
| 2246 | 74 | 1773 | Terry Turski | R | 1,000 Certificate | 1773 | 34 | | :: | 12849 | 87 |
| 2297 | 55 | 1757 | Julie Alsani | R | 1,000 Certificate | 1757 | 35 | | :: | 22167 | 52 |
| 1536 | 73 | 1742 | Greg Heim | R | 1,000 Certificate | 1742 | 36 | | :: | 19585 | 62 |
| 503 | 74 | 1723 | Michael Dusing | R | 1,000 Certificate | 1723 | 37 | | :: | 21737 | 53 |
| 3048 | 52 | 1715 | Jason Deckert | R | 1,000 Certificate | 1715 | 38 | | :: | 2744 | 188 |
| 3104 | 55 | 1701 | Shawn Whitecar | R | 1,000 Certificate | 1701 | 39 | | :: | 3092 | 179 |



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|---------------------|------|---|-------|---------|-------|---------|-------|-----------|
| 972 | 57 | 1701 | Jim Karnath | R | 25,000 Club 1,000 Certificate | 1701 | 39 | | :: | 25812 | 41 |
| 306 | 63 | 1683 | Diane Currie | R | 50,000 Club 1,000 Certificate | 1683 | 41 | | :: | 50721 | 10 |
| 2577 | 63 | 1669 | David Arlington | R | 1,000 Certificate | 1669 | 42 | | :: | 4646 | 162 |
| 16 | 60 | 1663 | David Gonzalez | R | 40,000 Club 1,000 Certificate | 1663 | 43 | | :: | 41446 | 15 |
| 2941 | 58 | 1628 | Daniel Brooks | R | 5,000 Club 1,000 Certificate | 1628 | 44 | | :: | 6165 | 140 |
| 662 | 60 | 1619 | Cynthia Adams | R | 25,000 Club 1,000 Certificate | 1619 | 45 | | :: | 25344 | 43 |
| 2248 | 55 | 1612 | Peg Walker | R | 1,000 Certificate | 1612 | 46 | | :: | 18338 | 67 |
| 3136 | 69 | 1590 | Paula Ciolko | R | 1,000 Certificate | 1590 | 47 | | :: | 2571 | 192 |
| 2760 | 51 | 1577 | David Brown | R | 1,000 Certificate | 1577 | 48 | | :: | 4445 | 164 |
| 1249 | 60 | 1571 | Matthew Luly | R | 30,000 Club 1,000 Certificate | 1571 | 49 | | :: | 30279 | 31 |
| 2777 | 59 | 1563 | JoAnn Blatner | R | 1,000 Certificate | 1563 | 50 | | :: | 7470 | 129 |
| 235 | 54 | 1499 | Joseph Pizzuto | R | 1,000 Certificate | 1499 | 51 | | :: | 32502 | 27 |
| 3145 | 49 | 1495 | Karen Alongi | R | 1,000 Certificate | 1495 | 52 | | :: | 1898 | 214 |
| 973 | 51 | 1468 | Kathy Karnath | R | 1,000 Certificate | 1468 | 53 | | :: | 24550 | 45 |
| 2617 | 57 | 1433 | Michelle Lynn Bates | R | 1,000 Certificate | 1433 | 54 | | :: | 7866 | 127 |
| 1051 | 49 | 1423 | Myriam Tjahjadi | R | 5,000 Club 1,000 Certificate | 1423 | 55 | | :: | 6217 | 139 |
| 2769 | 50 | 1409 | Jenny Boggio | R | 5,000 Club 1,000 Certificate | 1409 | 56 | | :: | 5415 | 149 |
| 2181 | 49 | 1404 | Darrell Skelton | R | 1,000 Certificate | 1404 | 57 | | :: | 16620 | 72 |
| 3181 | 50 | 1395 | Joyce Warthling | N | 1st New Female 1,000 Certificate | 1395 | 58 | 1395 | 1 | 1395 | 231 |
| 3047 | 48 | 1387 | Dennis Bigham | R | 1,000 Certificate | 1387 | 59 | | :: | 3457 | 172 |
| 1885 | 31 | 1380 | Carl Mach | R | 20,000 Club 1,000 Certificate | 1380 | 60 | | :: | 20583 | 57 |
| 3101 | 40 | 1362 | Greg Graesser | R | 1,000 Certificate | 1362 | 61 | | :: | 2179 | 204 |
| 1788 | 49 | 1361 | Brenda Fischer | R | 1,000 Certificate | 1361 | 62 | | :: | 32192 | 28 |
| 1870 | 48 | 1358 | Frank Soltiz | R | 1,000 Certificate | 1358 | 63 | | :: | 28691 | 35 |
| 1138 | 38 | 1347 | Lincoln Blaisdell | R | 1,000 Certificate | 1347 | 64 | | :: | 22702 | 51 |
| 1080 | 52 | 1344 | Deanna Talmud | R | 10,000 Club 1,000 Certificate | 1344 | 65 | | :: | 10526 | 100 |
| 2039 | 40 | 1338 | Sean McGovern | R | 10,000 Club 1,000 Certificate | 1338 | 66 | | :: | 10670 | 99 |
| 2869 | 56 | 1333 | Nancy Krzyzanowski | R | 1,000 Certificate | 1333 | 67 | | :: | 3839 | 168 |
| 2236 | 44 | 1328 | Michele Smith | R | 1,000 Certificate | 1328 | 68 | | :: | 9737 | 108 |
| 2616 | 47 | 1316 | John Burnham | R | 1,000 Certificate | 1316 | 69 | | :: | 9500 | 109 |
| 122 | 54 | 1288 | Susan Alessi | R | 35,000 Club 1,000 Certificate | 1288 | 70 | | :: | 35293 | 23 |
| 2809 | 40 | 1256 | David Dunkle | R | Ride Leader Of The Year Award 1,000 Certificate | 1256 | 71 | | :: | 4774 | 158 |
| 2059 | 37 | 1217 | Steve Forrestel | R | 1,000 Certificate | 1217 | 72 | | :: | 12527 | 89 |
| 3154 | 47 | 1213 | Michael Viggato | R | 1,000 Certificate | 1213 | 73 | | :: | 1771 | 215 |
| 265 | 41 | 1210 | Gary Stevens | R | 1,000 Certificate | 1210 | 74 | | :: | 57913 | 7 |
| 61 | 52 | 1209 | Lori Harf | R | 1,000 Certificate | 1209 | 75 | | :: | 59099 | 6 |
| 1576 | 50 | 1206 | Elaine Rubenstein | R | 1,000 Certificate | 1206 | 76 | | :: | 22812 | 50 |
| 2578 | 41 | 1150 | Annie Schuster | R | 1,000 Certificate | 1150 | 77 | | :: | 8628 | 114 |
| 1447 | 46 | 1146 | Thomas A. Williams | R | 1,000 Certificate | 1146 | 78 | | :: | 24063 | 48 |
| 104 | 45 | 1145 | Marty Viggato | R | 1,000 Certificate | 1145 | 79 | | :: | 7796 | 128 |
| 703 | 46 | 1137 | Aryne Lepie | R | 1,000 Certificate | 1137 | 80 | | :: | 42032 | 14 |
| 3163 | 46 | 1135 | David Bowman | R | 1,000 Certificate | 1135 | 81 | | :: | 1431 | 228 |
| 1396 | 30 | 1114 | Terry Griswold | R | 1,000 Certificate | 1114 | 82 | | :: | 17425 | 69 |
| 1884 | 47 | 1110 | Paul D. Aquila | R | 1,000 Certificate | 1110 | 83 | | :: | 21508 | 55 |
| 2113 | 37 | 1103 | Amy Murdock | R | 1,000 Certificate | 1103 | 84 | | :: | 8139 | 121 |
| 1270 | 33 | 1096 | Gary Schlau | R | 30,000 Club 1,000 Certificate | 1096 | 85 | | :: | 30159 | 32 |
| 2868 | 45 | 1081 | John Krzyzanowski | R | 1,000 Certificate | 1081 | 86 | | :: | 2189 | 203 |
| 1374 | 35 | 1064 | Joe Gioenco | R | 1,000 Certificate | 1064 | 87 | | :: | 6938 | 134 |
| 3109 | 37 | 1063 | Mark Kirk | R | 1,000 Certificate | 1063 | 88 | | :: | 1322 | 236 |
| 1397 | 28 | 1054 | Lucinda Griswold | R | 1,000 Certificate | 1054 | 89 | | :: | 16886 | 71 |



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|----------------------|------|-------------------|-------|---------|-------|---------|-------|-----------|
| 2829 | 40 | 1036 | Eugene Melnyk | R | 1,000 Certificate | 1036 | 90 | | :: | 2459 | 197 |
| 2094 | 36 | 1023 | Bob Patterson | R | 1,000 Certificate | 1023 | 91 | | :: | 3712 | 170 |
| 1629 | 30 | 1006 | Bill Harrington | R | 1,000 Certificate | 1006 | 92 | | :: | 12387 | 90 |
| 1613 | 32 | 973 | Mark Castilloux | R | | 973 | 93 | | :: | 1243 | 240 |
| 78 | 41 | 970 | Betsy Dexheimer | R | | 970 | 94 | | :: | 18834 | 66 |
| 1632 | 31 | 919 | Richard Swank | R | | 919 | 95 | | :: | 13268 | 85 |
| 2574 | 30 | 914 | Rick Skomra | R | | 914 | 96 | | :: | 3161 | 178 |
| 2112 | 30 | 913 | Dan Murdock | R | | 913 | 97 | | :: | 12346 | 93 |
| 702 | 36 | 875 | Richard Lepie | R | 35,000 Club | 875 | 98 | | :: | 35752 | 22 |
| 3106 | 23 | 811 | Leonard Epstein | R | | 811 | 99 | | :: | 2199 | 202 |
| 2579 | 23 | 789 | Mike de Freitas | R | 5,000 Club | 789 | 100 | | :: | 5085 | 153 |
| 2933 | 26 | 775 | William Loecher | R | | 775 | 101 | | :: | 947 | 255 |
| 1226 | 35 | 769 | Sandy Nobel | R | | 769 | 102 | | :: | 18934 | 65 |
| 1537 | 20 | 764 | Janice Cochran | R | | 764 | 103 | | :: | 28010 | 37 |
| 2685 | 35 | 763 | Steve Papapanu | R | 5,000 Club | 763 | 104 | | :: | 5397 | 150 |
| 2535 | 24 | 754 | Mark Ballachino | R | | 754 | 105 | | :: | 4668 | 161 |
| 2979 | 24 | 747 | Christian McGonnell | R | | 747 | 106 | | :: | 1584 | 220 |
| 2256 | 23 | 738 | Jeff Raugh | R | 5,000 Club | 738 | 107 | | :: | 5722 | 144 |
| 2757 | 26 | 737 | Don Crane | R | 5,000 Club | 737 | 108 | | :: | 5311 | 151 |
| 59 | 31 | 730 | Larry Reade | R | | 730 | 109 | | :: | 34014 | 26 |
| 2701 | 29 | 729 | Jack Coombs | R | | 729 | 110 | | :: | 4802 | 157 |
| 3130 | 23 | 715 | Maxx Solly | R | | 715 | 111 | | :: | 785 | 258 |
| 3210 | 20 | 711 | Grant Buchanan | N | 1st New Male | 711 | 112 | 711 | 2 | 711 | 264 |
| 1340 | 19 | 706 | Jim Kuberka | R | | 706 | 113 | | :: | 26280 | 39 |
| 3052 | 26 | 701 | Robert MacDonald | R | | 701 | 114 | | :: | 1751 | 216 |
| 1514 | 22 | 686 | Jeff Baker | R | | 686 | 115 | | :: | 14468 | 80 |
| 2972 | 20 | 675 | Jeff Schellinger | R | | 675 | 116 | | :: | 4408 | 166 |
| 2646 | 21 | 674 | Vicky Perry | R | | 674 | 117 | | :: | 7041 | 132 |
| 169 | 28 | 662 | Ed Peters | R | | 662 | 118 | | :: | 70968 | 2 |
| 234 | 28 | 659 | James Sawyer | R | | 659 | 119 | | :: | 36515 | 21 |
| 879 | 15 | 636 | Frank DeDomenico | R | 20,000 Club | 636 | 120 | | :: | 20572 | 58 |
| 245 | 18 | 626 | Robert Puleo | R | | 626 | 121 | | :: | 34751 | 25 |
| 1769 | 22 | 625 | Larry Wehling Jr. | R | | 625 | 122 | | :: | 9894 | 107 |
| 939 | 15 | 596 | Tim Cleary | R | 15,000 Club | 596 | 123 | | :: | 15246 | 78 |
| 2680 | 18 | 595 | Gil Wolfe | R | | 595 | 124 | | :: | 2933 | 184 |
| 3242 | 23 | 594 | Melissa Rakvica | N | 2nd New Female | 594 | 125 | 594 | 3 | 594 | 276 |
| 2983 | 16 | 591 | Victoria Wulf | R | | 591 | 126 | | :: | 2060 | 208 |
| 80 | 21 | 572 | Bruce Jansen | R | | 572 | 127 | | :: | 52063 | 9 |
| 2072 | 19 | 568 | Al Browne | R | | 568 | 128 | | :: | 2487 | 196 |
| 461 | 23 | 550 | Barbara Reade | R | | 550 | 129 | | :: | 37152 | 20 |
| 2472 | 18 | 544 | Steven Korn | R | | 544 | 130 | | :: | 3389 | 173 |
| 1515 | 17 | 544 | Kathy Baker | R | | 544 | 130 | | :: | 16333 | 73 |
| 2778 | 14 | 531 | John Dixon | R | | 531 | 132 | | :: | 2973 | 182 |
| 1585 | 19 | 528 | Smeraldo DeRosa | R | | 528 | 133 | | :: | 2427 | 198 |
| 3015 | 16 | 524 | Amy Benedict | R | | 524 | 134 | | :: | 1308 | 237 |
| 2316 | 21 | 523 | Brigitte Soltiz | R | 10,000 Club | 523 | 135 | | :: | 10079 | 103 |
| 3161 | 20 | 504 | Stephanie Rothenberg | R | | 504 | 136 | | :: | 769 | 259 |
| 3150 | 13 | 502 | Toshihisa Munekata | R | | 502 | 137 | | :: | 672 | 268 |
| 2824 | 20 | 485 | Daniel Brudz | R | | 485 | 138 | | :: | 1141 | 246 |
| 3197 | 18 | 484 | Brian Braisted | N | 2nd New Male | 484 | 139 | 484 | 4 | 484 | 287 |
| 3137 | 19 | 483 | Orest Ciolko | R | | 483 | 140 | | :: | 1393 | 232 |
| 3193 | 17 | 482 | David Newman | N | 3rd New Male | 482 | 141 | 482 | 5 | 482 | 288 |
| 2762 | 20 | 474 | Elena Cala Buscarino | R | | 474 | 142 | | :: | 2518 | 195 |
| 2714 | 14 | 472 | Michael Miene | R | | 472 | 143 | | :: | 1130 | 248 |
| 3250 | 15 | 466 | Kate Leary | N | 3rd New Female | 466 | 144 | 466 | 6 | 466 | 289 |
| 3149 | 14 | 459 | Evan Richards | R | | 459 | 145 | | :: | 654 | 270 |
| 2776 | 19 | 457 | William Horvath | R | | 457 | 146 | | :: | 2024 | 211 |
| 2684 | 18 | 457 | Jim Ingham | R | | 457 | 146 | | :: | 1166 | 243 |
| 212 | 14 | 457 | Paul Castle | R | | 457 | 146 | | :: | 32027 | 29 |
| 1104 | 16 | 456 | Steve Pusatier | R | | 456 | 149 | | :: | 6968 | 133 |
| 2245 | 15 | 447 | Oliver Wallace | R | | 447 | 150 | | :: | 3201 | 177 |
| 3081 | 15 | 442 | Sherard Garcia | R | | 442 | 151 | | :: | 567 | 278 |
| 3134 | 14 | 438 | Greg Kordas | R | | 438 | 152 | | :: | 699 | 267 |
| 3239 | 13 | 431 | Matthew Castilloux | N | | 431 | 153 | 431 | 7 | 431 | 294 |
| 1466 | 14 | 426 | Charles J. LaChiusa | R | | 426 | 154 | | :: | 4883 | 156 |
| 1038 | 15 | 421 | John Lamarca | R | | 421 | 155 | | :: | 13048 | 86 |



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|-----------------------|------|---|-------|---------|-------|---------|-------|-----------|
| 900 | 12 | 406 | Tris Orzech | R | I Have Ridden Around The World Award 25,000 Club | 406 | 156 | | :: | 25203 | 44 |
| 2106 | 12 | 398 | Mohamed Zeid | R | | 398 | 157 | | :: | 17917 | 68 |
| 3220 | 9 | 395 | John Swaine | N | | 395 | 158 | 395 | 8 | 395 | 297 |
| 3190 | 13 | 394 | Peter Woodward | N | | 394 | 159 | 394 | 9 | 394 | 298 |
| 1488 | 14 | 393 | Peter S. Swartwout | R | | 393 | 160 | | :: | 8927 | 113 |
| 2586 | 11 | 392 | Pat Carroll | R | 5,000 Club | 392 | 161 | | :: | 5112 | 152 |
| 2396 | 12 | 388 | Murray Covello | R | | 388 | 162 | | :: | 1372 | 233 |
| 2843 | 13 | 386 | Todd Snider | R | | 386 | 163 | | :: | 2153 | 206 |
| 2381 | 12 | 385 | Don Kirst | R | | 385 | 164 | | :: | 3039 | 180 |
| 2739 | 15 | 378 | Joe Buckle | R | | 378 | 165 | | :: | 2029 | 210 |
| 3176 | 15 | 374 | Jim Glawatz | N | | 374 | 166 | 374 | 10 | 374 | 301 |
| 3216 | 12 | 361 | David Duerk | N | | 361 | 167 | 361 | 11 | 361 | 302 |
| 2962 | 9 | 352 | William Webber | R | | 352 | 168 | | :: | 1508 | 225 |
| 3108 | 15 | 342 | Robert Sommer | R | | 342 | 169 | | :: | 531 | 280 |
| 1942 | 14 | 338 | Fred Wisniewski | R | | 338 | 170 | | :: | 1983 | 212 |
| 3266 | 14 | 324 | Andrea Ciolko | N | | 324 | 171 | 324 | 12 | 324 | 307 |
| 3143 | 13 | 320 | Michele Mesi | R | | 320 | 172 | | :: | 639 | 272 |
| 3256 | 11 | 313 | Paul Follett | N | | 313 | 173 | 313 | 13 | 313 | 308 |
| 3227 | 11 | 299 | Sandy McNerney | N | | 299 | 174 | 299 | 14 | 299 | 309 |
| 3206 | 12 | 297 | Rebecca Kent | N | | 297 | 175 | 297 | 15 | 297 | 310 |
| 3043 | 12 | 292 | Necole Zayatz | R | | 292 | 176 | | :: | 417 | 295 |
| 2833 | 9 | 278 | Thomas Robinson | R | | 278 | 177 | | :: | 1236 | 241 |
| 1844 | 7 | 274 | Deborah Matteliano | R | | 274 | 178 | | :: | 5667 | 146 |
| 2673 | 13 | 272 | Nancy L. Sweeney | R | | 272 | 179 | | :: | 2871 | 185 |
| 2851 | 10 | 271 | Dean Tomlinson | R | | 271 | 180 | | :: | 338 | 305 |
| 575 | 6 | 268 | John Clauss | R | | 268 | 181 | | :: | 12529 | 88 |
| 3263 | 11 | 266 | Deborah Hollis | N | | 266 | 182 | 266 | 16 | 266 | 315 |
| 3175 | 10 | 263 | David Young | N | | 263 | 183 | 263 | 17 | 263 | 316 |
| 1783 | 8 | 263 | John McClory | R | | 263 | 183 | | :: | 7148 | 131 |
| 3249 | 9 | 245 | Krista Korbar | N | | 245 | 185 | 245 | 18 | 245 | 319 |
| 2740 | 9 | 239 | Kevin Cheng | R | | 239 | 186 | | :: | 2549 | 194 |
| 2791 | 7 | 236 | Marion Sikora | R | | 236 | 187 | | :: | 2042 | 209 |
| 2661 | 12 | 235 | Craig Alf | R | | 235 | 188 | | :: | 1641 | 218 |
| 2772 | 8 | 230 | Bridget Baumer | R | | 230 | 189 | | :: | 2570 | 193 |
| 1119 | 6 | 228 | Dennis Powell | R | Outstanding Service Award 20,000 Club | 228 | 190 | | :: | 20019 | 60 |
| 29 | 9 | 225 | Marion Reslow | R | | 225 | 191 | | :: | 20683 | 56 |
| 3164 | 5 | 216 | David Andrews | R | | 216 | 192 | | :: | 434 | 293 |
| 459 | 8 | 205 | Christine Luly | R | | 205 | 193 | | :: | 6408 | 138 |
| 2710 | 9 | 201 | Linda Jenkin | R | | 201 | 194 | | :: | 522 | 282 |
| 3009 | 5 | 201 | Stephen Fitzmaurice | R | | 201 | 194 | | :: | 718 | 263 |
| 3099 | 7 | 199 | Charles Turner | R | | 199 | 196 | | :: | 252 | 318 |
| 3259 | 8 | 196 | William Hennessy | N | | 196 | 197 | 196 | 19 | 196 | 324 |
| 1518 | 5 | 195 | Frank Grillo | R | | 195 | 198 | | :: | 2174 | 205 |
| 3261 | 8 | 193 | Michael Conte | N | | 193 | 199 | 193 | 20 | 193 | 325 |
| 1960 | 5 | 189 | Dan Schwenk | R | | 189 | 200 | | :: | 3380 | 174 |
| 3184 | 7 | 185 | Leslie Stewart | N | | 185 | 201 | 185 | 21 | 185 | 327 |
| 3244 | 5 | 185 | Sloan David | N | | 185 | 201 | 185 | 21 | 185 | 327 |
| 1659 | 7 | 175 | Adrienne McDonough | R | | 175 | 203 | | :: | 12228 | 96 |
| 858 | 5 | 175 | Peter Ziolo | R | | 175 | 203 | | :: | 19031 | 64 |
| 3245 | 5 | 173 | Sloan Karen | N | | 173 | 205 | 173 | 23 | 173 | 332 |
| 3215 | 6 | 172 | Susan Dunkle | N | | 172 | 206 | 172 | 24 | 172 | 333 |
| 3240 | 7 | 170 | Chris Cej | N | | 170 | 207 | 170 | 25 | 170 | 335 |
| 1195 | 5 | 167 | Ronald Wakefield | R | | 167 | 208 | | :: | 19710 | 61 |
| 2422 | 5 | 158 | Christopher Whalen | R | | 158 | 209 | | :: | 903 | 256 |
| 1474 | 5 | 153 | Roger E. Stone | R | | 153 | 210 | | :: | 2641 | 191 |
| 1961 | 4 | 153 | Kathy Schwenk | R | | 153 | 210 | | :: | 2948 | 183 |
| 3083 | 7 | 152 | Gregory Vogelsang | R | | 152 | 212 | | :: | 218 | 322 |
| 1120 | 5 | 149 | Janice Powell | R | | 149 | 213 | | :: | 7915 | 125 |
| 3233 | 5 | 146 | Robert Przybyszewski | N | | 146 | 214 | 146 | 26 | 146 | 340 |
| 3234 | 5 | 146 | Darlene Przybyszewski | N | | 146 | 214 | 146 | 26 | 146 | 340 |



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|----------------------|------|-------------|-------|---------|-------|---------|-------|-----------|
| 2091 | 6 | 145 | Karen Ostrum | R | 15,000 Club | 145 | 216 | | :: | 15120 | 79 |
| 1633 | 4 | 142 | Kathryn Swank | R | | 142 | 217 | | :: | 1323 | 235 |
| 3144 | 4 | 141 | Matthew Smith | R | | 141 | 218 | | :: | 489 | 286 |
| 757 | 6 | 140 | Bruce Kennedy | R | | 140 | 219 | | :: | 23641 | 49 |
| 2643 | 5 | 139 | Leslie Tesmer | R | | 139 | 220 | | :: | 190 | 326 |
| 1966 | 3 | 136 | Bill Dowling | R | 10,000 Club | 136 | 221 | | :: | 10050 | 104 |
| 3229 | 4 | 135 | Gerald Molnar | N | | 135 | 222 | 135 | 28 | 135 | 345 |
| 950 | 5 | 135 | Traci Cummings | R | | 135 | 222 | | :: | 8264 | 118 |
| 2792 | 5 | 134 | Janet Sikora | R | | 134 | 224 | | :: | 1498 | 226 |
| 2751 | 4 | 131 | Douglas Eberhard | R | | 131 | 225 | | :: | 1643 | 217 |
| 284 | 5 | 129 | Lin Michalczak | R | 40,000 Club | 129 | 226 | | :: | 40096 | 16 |
| 3209 | 5 | 129 | Kate Hacker | N | | 129 | 226 | 129 | 29 | 129 | 346 |
| 3260 | 3 | 129 | Patrick Murtaugh | N | | 129 | 226 | 129 | 29 | 129 | 346 |
| 2862 | 2 | 128 | Jay Blanchard | R | | 128 | 229 | | :: | 273 | 314 |
| 3267 | 5 | 126 | Francis Warthling | N | | 126 | 230 | 126 | 31 | 126 | 349 |
| 926 | 5 | 123 | Barbara Palazzo | R | | 123 | 231 | | :: | 1930 | 213 |
| 591 | 4 | 115 | John Houghtaling | R | | 115 | 232 | | :: | 377 | 300 |
| 2537 | 3 | 110 | Randall Shortridge | R | | 110 | 233 | | :: | 2221 | 201 |
| 3251 | 3 | 105 | Colleen Regan-Kreuz | N | | 105 | 234 | 105 | 32 | 105 | 351 |
| 28 | 3 | 105 | Roy Tocha | R | | 105 | 234 | | :: | 43080 | 12 |
| 1798 | 3 | 101 | Dean Stevens | R | | 101 | 236 | | :: | 1205 | 242 |
| 3135 | 4 | 99 | Luke Kochmanski | R | | 99 | 237 | | :: | 552 | 279 |
| 1808 | 3 | 99 | Elaine McClory | R | | 99 | 237 | | :: | 1288 | 238 |
| 2104 | 3 | 98 | Greg Wiltout | R | | 98 | 239 | | :: | 998 | 253 |
| 3077 | 5 | 92 | Judy Amantia | R | | 92 | 240 | | :: | 288 | 311 |
| 3257 | 3 | 90 | Joshua Follett | N | | 90 | 241 | 90 | 33 | 90 | 353 |
| 2676 | 3 | 85 | Aaron Slosman | R | | 85 | 242 | | :: | 1004 | 252 |
| 3111 | 2 | 83 | Chad Klier | R | | 83 | 243 | | :: | 256 | 317 |
| 1797 | 2 | 80 | Jan Stevens | R | | 80 | 244 | | :: | 464 | 290 |
| 3189 | 3 | 76 | Tom Parsons | N | | 76 | 245 | 76 | 34 | 76 | 356 |
| 3088 | 3 | 76 | Rosa Iriarte | R | | 76 | 245 | | :: | 128 | 348 |
| 3182 | 3 | 75 | Edward Barauskas | N | | 75 | 247 | 75 | 35 | 75 | 357 |
| 2092 | 3 | 75 | Gary Ostrum | R | | 75 | 247 | | :: | 9167 | 110 |
| 1868 | 3 | 75 | Susan Stememan | R | | 75 | 247 | | :: | 8194 | 119 |
| 323 | 3 | 75 | Bonita Ryan | R | | 75 | 247 | | :: | 241 | 320 |
| 2887 | 3 | 74 | Eric Lee | R | | 74 | 251 | | :: | 1060 | 250 |
| 2346 | 4 | 73 | Richard McCarthy | R | | 73 | 252 | | :: | 4420 | 165 |
| 3132 | 2 | 71 | Joel Solly | R | | 71 | 253 | | :: | 71 | 358 |
| 1262 | 3 | 68 | Gretchen Wisor | R | | 68 | 254 | | :: | 3775 | 169 |
| 2477 | 2 | 68 | Bryan Hopkins | R | | 68 | 254 | | :: | 3014 | 181 |
| 3252 | 2 | 62 | Susanne Fader | N | | 62 | 256 | 62 | 36 | 62 | 361 |
| 1122 | 2 | 62 | Marty Payne | R | | 62 | 256 | | :: | 21644 | 54 |
| 1475 | 2 | 57 | Carol Stone | R | | 57 | 258 | | :: | 2418 | 199 |
| 1691 | 2 | 56 | Jody Snyder | R | | 56 | 259 | | :: | 15828 | 75 |
| 3246 | 2 | 55 | Douglas Steyer | N | | 55 | 260 | 55 | 37 | 55 | 364 |
| 3269 | 2 | 55 | Frederic Lew | N | | 55 | 260 | 55 | 37 | 55 | 364 |
| 3262 | 2 | 53 | Marni Conte | N | | 53 | 262 | 53 | 39 | 53 | 367 |
| 3218 | 2 | 51 | Steve Schumer | N | | 51 | 263 | 51 | 40 | 51 | 368 |
| 3253 | 2 | 50 | Michele Ward | N | | 50 | 264 | 50 | 41 | 50 | 369 |
| 1369 | 2 | 50 | Cindy Stachowski | R | | 50 | 264 | | :: | 13601 | 83 |
| 1278 | 2 | 50 | Frank J. LaMarca | R | | 50 | 264 | | :: | 6571 | 137 |
| 688 | 2 | 48 | Edward Hutton | R | | 48 | 267 | | :: | 8400 | 115 |
| 409 | 1 | 48 | Thomas Lonzi | R | | 48 | 267 | | :: | 1566 | 222 |
| 1183 | 2 | 47 | John Herman | R | | 47 | 269 | | :: | 11184 | 98 |
| 1874 | 2 | 46 | Kathleen O'Connor | R | | 46 | 270 | | :: | 2753 | 187 |
| 2986 | 2 | 46 | Rainee VanNatter | R | | 46 | 270 | | :: | 1536 | 224 |
| 3255 | 1 | 44 | Halli Lavner | N | | 44 | 272 | 44 | 42 | 44 | 371 |
| 2709 | 1 | 44 | Peter Mazurowski | R | | 44 | 272 | | :: | 404 | 296 |
| 3195 | 1 | 43 | Jack Jibb | N | | 43 | 274 | 43 | 43 | 43 | 372 |
| 3241 | 1 | 42 | Carolyn Criscitiello | N | | 42 | 275 | 42 | 44 | 42 | 373 |
| 1345 | 2 | 41 | Raymond Thomas | R | | 41 | 276 | | :: | 9895 | 106 |
| 2103 | 1 | 41 | Kathleen Wiltout | R | | 41 | 276 | | :: | 507 | 283 |
| 2844 | 1 | 41 | Nicholas Papagni | R | | 41 | 276 | | :: | 180 | 329 |
| 2914 | 2 | 40 | Gary Talboys | R | | 40 | 279 | | :: | 457 | 291 |
| 3177 | 2 | 37 | Roger Schapiro | N | | 37 | 280 | 37 | 45 | 37 | 374 |
| 3165 | 1 | 37 | Jasmina Tumbas | R | | 37 | 280 | | :: | 232 | 321 |



| Mem# | #Rides | Total Miles | Rider Name | Mem? | Award(s) | MemMi | RankO/A | NewMi | RankNew | Accum | RankAccum |
|------|--------|-------------|--------------------|------|----------|-------|---------|-------|---------|-------|-----------|
| 2654 | 1 | 36 | Mary Domanski | R | | 36 | 282 | | :: | 65 | 360 |
| 2970 | 1 | 36 | Marit Ogin | R | | 36 | 282 | | :: | 60 | 363 |
| 1000 | 1 | 35 | Valerie Lonzi | R | | 35 | 284 | | :: | 4885 | 155 |
| 2771 | 1 | 35 | Joseph Wukovits | R | | 35 | 284 | | :: | 606 | 275 |
| 3243 | 1 | 33 | Sharon Press | N | | 33 | 286 | 33 | 46 | 33 | 376 |
| 1349 | 1 | 32 | Jane Armbruster | R | | 32 | 287 | | :: | 12287 | 95 |
| 2095 | 1 | 32 | Kim Patterson | R | | 32 | 287 | | :: | 161 | 337 |
| 3194 | 1 | 29 | Daniel Burr | N | | 29 | 289 | 29 | 47 | 29 | 379 |
| 2505 | 1 | 29 | Mary Hughes | R | | 29 | 289 | | :: | 1006 | 251 |
| 2504 | 1 | 29 | Robert Hughes | R | | 29 | 289 | | :: | 859 | 257 |
| 3185 | 1 | 27 | Joseph Roche | N | | 27 | 292 | 27 | 48 | 27 | 380 |
| 1728 | 1 | 27 | Barbara A. Kurtz | R | | 27 | 292 | | :: | 12300 | 94 |
| 2164 | 1 | 27 | Nick Roth | R | | 27 | 292 | | :: | 742 | 260 |
| 2737 | 1 | 27 | Roman Konowka | R | | 27 | 292 | | :: | 89 | 355 |
| 2793 | 1 | 27 | Michael Mertens | R | | 27 | 292 | | :: | 27 | 380 |
| 977 | 1 | 26 | Greg Eberhardt | R | | 26 | 297 | | :: | 5715 | 145 |
| 2664 | 1 | 26 | Andrew Gow | R | | 26 | 297 | | :: | 1151 | 245 |
| 3273 | 1 | 25 | William O'Connor | N | | 25 | 299 | 25 | 49 | 25 | 383 |
| 79 | 1 | 25 | Rich Stroh | R | | 25 | 299 | | :: | 29590 | 33 |
| 2358 | 1 | 25 | James Knab | R | | 25 | 299 | | :: | 2831 | 186 |
| 2362 | 1 | 25 | Linda Lindner | R | | 25 | 299 | | :: | 350 | 304 |
| 2904 | 1 | 25 | Nancy Holzerland | R | | 25 | 299 | | :: | 288 | 311 |
| 1198 | 1 | 24 | Sarah Wakefield | R | | 24 | 304 | | :: | 1421 | 229 |
| 2585 | 1 | 24 | Judy Carroll | R | | 24 | 304 | | :: | 654 | 270 |
| 3126 | 1 | 24 | William Hall | R | | 24 | 304 | | :: | 48 | 370 |
| 3223 | 1 | 23 | Anne Marie Butler | N | | 23 | 307 | 23 | 50 | 23 | 385 |
| 3153 | 1 | 23 | David Savini | R | | 23 | 307 | | :: | 180 | 329 |
| 787 | 1 | 22 | Don Hoke | R | | 22 | 309 | | :: | 1326 | 234 |
| 3067 | 1 | 22 | David Hoke | R | | 22 | 309 | | :: | 22 | 386 |
| 2619 | 1 | 21 | Steve White | R | | 21 | 311 | | :: | 62 | 361 |
| 3199 | 1 | 20 | Brooks Rimes | N | | 20 | 312 | 20 | 51 | 20 | 387 |
| 3200 | 1 | 20 | Brenda Rimes | N | | 20 | 312 | 20 | 51 | 20 | 387 |
| 1789 | 1 | 19 | Michael S. Fischer | R | | 19 | 314 | | :: | 9028 | 112 |
| 2544 | 1 | 18 | George Sinclair | R | | 18 | 315 | | :: | 457 | 291 |
| 3072 | 1 | 16 | Karen Tierney | R | | 16 | 316 | | :: | 90 | 353 |
| 3183 | 1 | 15 | Katherine Riedy | N | | 15 | 317 | 15 | 53 | 15 | 390 |
| 2726 | 1 | 15 | Doug Waite | R | | 15 | 317 | | :: | 385 | 299 |



NFBC Newsletter Deadline

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities and digital pictures of either, with captions. Send to Joan Charleson or Mike Maher.

Party Rules

For NFBC members, biking is number one followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend bring a dish to share, a beverage of their choice, and funds for the "kitty" to offset the expenses of the host. Bring a lawn chair. Be a welcomed party goer and do your share to make these get togethers continued successes for the club.

Help Spread Sunshine

On behalf of the NFBC we will send a note of cheer to someone who may need it. Notify Terry Turski (tturski@aol.com. 688-8904) or Robert Nowinski. Club President. NFBC cares about its people!

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NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION
NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin:
1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
2. FULLY UNDERSTAND that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the releases named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in this activity.
3. HEREBY RELEASE, discharge, and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releases, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
 I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. FURTHERMORE, I HAVE ALSO READ AND UNDERSTAND THE RESPONSIBILITIES OF A RIDER. (See below).

Name

Address Address Change? Yes No

City State Zip Code Phone Cell

Email 1 Email 2 Email Change? Yes No

We will distribute a list of our members' email addresses, home addresses and phone numbers to NFBC club members and to local bike shops, unless you check the following spaces: NFBC NO LOCAL BIKE CLUBS NO

| | | | | |
|-------------------------|-----------|------|-------------------------|------------|
| Primary Member/Guardian | Signature | Date | | Member No. |
| Additional Members: | | | Birthdate (if under 18) | |
| | | | | |
| | | | | |

Family Membership includes any two adults and their children under the age of 18, living at the same address.

| Membership | Emailed Newsletter | Postal Newsletter |
|--------------|----------------------------------|-----------------------------------|
| Individual | <input type="checkbox"/> \$20.00 | <input type="checkbox"/> \$30.00 |
| Family | <input type="checkbox"/> \$30.00 | <input type="checkbox"/> \$40.00 |
| TOTAL | \$ | \$ |
| Status | <input type="checkbox"/> New | <input type="checkbox"/> Renewing |

Send check (payable to NFBC) along with signed application to:
 NFBC Inc.
 c/o Michele Smith
 1537 Sundance Trail
 Lakeview, NY 14085

In order to receive the Newsletter link by email, you must belong to nfbc@yahoo.com

In the interest of safety on the road for members of the NFBC, all riders and guests must acknowledge having read and understood the "Duties of Riders of the NFBC" statement by signing it before participating in any NFBC sponsored ride.

Duties of Riders of the NFBC By becoming a member of the NFBC, all riders represent they have the knowledge and skills necessary to minimize the risk of injury in the sport of cycling. Riders shall have the following additional duties to enable them to make informed decisions while participating in the sport of bicycling:

- Riders must obey New York State vehicle and traffic laws. Riders are governed by the same laws as motor vehicles. Riding in an NFBC group does not give riders the right to run stop signs or traffic signals.
- All riders must wear a Snell or ANSI approved bicycle helmet.
- Riders should not ride beyond their limits or their ability to cope with variations in road conditions (wetness, gravel, ice, snow, potholes, etc.).
- Riders must remain in constant control of speed and direction at all times so as to avoid contact with obstacles and with other riders.
- Riders should familiarize themselves with verbal and posted information before riding the route. The NFBC ride facilitators do not represent the route as free of hazards to bicyclists.
- Riders must not overtake another rider in such a manner as to cause contact with the rider being overtaken.
- Riders make certain there is adequate safe space between themselves and the rider in front.
- Riders should communicate with other riders by calling out and announcing the following:
 - "Car Back" - warning riders in front of them that there is a car approaching from the rear and signaling to single up. It is important to pass this information along the line of riders.
 - "Car Up" - warning the group that a car is approaching from the front. It is important to pass the word back.
 - "Single Up" - telling the group that riders need to be riding single file.
 - "Car Left or Right" - warning riders at intersections or other places that a car might enter the path.
 - "Walker or Runner Up" - warning riders there is someone on foot on the riders' side of the road.
 - "Tracks" - warning riders about railroad tracks. Riders should cross at right angles to the rails.
 - "Road Kill" - warning riders there is a dead animal in their path.
 - "Holes" - warning riders about dangerous breaks in the pavement. Sometimes riders may just point down to show that something is there instead of calling out the warning.
 - "Stopping or Slowing" - warning riders of a change in speed. This may be done with a hand signal, but a call helps to avoid a problem.
 - "On Your Left or Right" - warning riders that someone is passing. Riders should always pass on the left, but if they find themselves on the right, they should announce they are passing on the right.

Niagara Frontier Bicycle Club

